

Signpost



Issue 68 - September 2021

Langar cum Barnstone Parish Newsletter



If you know anyone who would like to receive a copy via email or print
please contact langarbarnstoneclerk@gmail.com

Vale Ventures Presents



BARNSTONE FRIGHT NIGHT 2

Saturday 30th October - 8 till Late

At Barnstone Village Hall

Licensed Bar

And

Live Music!!!



Dress Up and Join the Halloween Fun

Tickets £15 Contact

Sarah at sarahfleming_uk@yahoo.co.uk

07492060273 or Charlotte at

cmazers@hotmail.co.uk

07590310215

Join Us If You Dare.....



Langar-cum-Barnstone Village Hall
(Registered Charity, No. 522237)

Good News!

The Parish Council has been informed that its application to the Public Works Loan Board for a loan of £400,000 payable over 50 years to assist with the rebuild of the Village Hall has been approved, and that the loan has to be drawn by the start of July 2022.

The obvious question you are now asking is: How would this be repaid?

Well, the Parish Council had the foresight some ten or so years ago to set aside a sum of money in its annual precept to cover the cost of the necessary repairs to the Village Hall at that time and the costs associated with the primary stages of the current, hoped-for, rebuild. This sum is now embedded into the annual precept and is sufficient to cover the annual repayments of the Loan at no additional cost to residents (other than the precept rising with inflation).

This Public Works Loan still leaves approx. £140,000 to be found from other sources to cover the total cost of the rebuild, and the Parish Council, in collaboration with Rural Community Action Nottinghamshire, is putting the finishing touches to a fundraising plan to assist with this. We have already received a generous donation from the Vale Market Café to start the ball rolling and the Parish Council has submitted an application for a £15,000 grant to the Rushcliffe Borough Council Capital Grant scheme.

Support from the local community will be an important part of this fundraising plan. The Parish Council will soon be promoting a 'Buy-a-Brick' scheme open to residents and local businesses, which we hope as many as possible will be able to participate in. Residents may well have other ideas of local fundraising events so, if something appeals to you and you feel you can help, please get in touch with the Parish Clerk on E: langarbarnstoneclerk@gmail.com or T: 07984075016.

The final decision on whether to take up the Public Works Loan will be determined by the success of these fundraising activities.

Langar cum Barnstone Parish Council
Corporate Sole Trustee of Langar-cum-Barnstone Village Hall

Village Hall re-development

The Parish Council has now received confirmation of approval for its application to the Public Works Loan Board. This is an important milestone in the journey towards getting a Village Hall fit for the twenty-first century and is discussed in more detail elsewhere in this issue. An important point that the Parish Council wishes to make is that a final decision as to whether to take up this loan is dependent on the success of the other fundraising streams that we also have to pursue.

In the process of investigating additional sources of funding for the re-development, the Parish Council has looked anew at its role and responsibilities as the Corporate Sole Trustee of the Langar-cum-Barnstone Village Hall Charity.

Public footpaths

The Parish Clerk has received reports of overgrown public footpaths and damaged stiles noticed by residents on their walks around the parish. Please keep sending in these reports; we are aiming to compile a list of matters that need attention to submit to the landowners and the County Council.

Other matters

Whilst the Parish Council does not usually meet in August, it has still been busy over the past few months. In particular:

- A request was made to residents and landowners to ensure the public footpaths remain navigable during the early summer spurt of plant growth. The Parish Council is heartened by the very positive response to this request.
- A response was made to Rushcliffe Borough Council in support of its proposed new laws around dog control and dog fouling.
- A response was made to The Boundary Commission for England objecting to its proposal that Barnstone be moved from the Rushcliffe constituency to the Newark constituency as being counter to the efforts of the Parish Council and other local groups in trying to forge closer links between our two villages.

Councillor vacancies

The Parish Council currently comprises seven members, with a wide range of ages, interests, skills, and experience. At present, there are vacancies for two additional councillors. If you are interested in finding out more and feel you can offer something to the community, please get in touch.

For any matters relating to items mentioned here, or to raise any other issue with the Parish Council, please contact Sharon Ellis, our Parish Clerk, in the first instance (T: 07984075016; E: langarbarnstoneclerk@gmail.com).

**Acceptance of advertising does not imply endorsements by
Langar cum Barnstone Parish Council**



The Vale Market Café
Saturday 9th October 2021
Barnstone Village Hall 10 a.m. – 12 noon
Eat and drink with friends & neighbours
Browse the stalls & purchase locally made
or sourced produce and exchange books
Forthcoming dates 13th Nov. & 11th Dec. 2021

NEW PRODUCTION MANAGER AT TARMAC'S BARNSTONE SITE

After 18 years at our Barnstone Cement Plant, Tim Hotchin has left and relocated with his family to our Aberthaw Plant near Barry in South Wales. Tim's new role there is packing plant manager.

I have taken over as production manager after carrying out various roles at Barnstone since joining the business in 2012. I intend to maintain our strong relationship with the local community and will work with the team here to ensure Barnstone Cement Plant continues to be a responsible neighbour.

FOOTPATH PROJECT UPDATE

Planning continues for the Woodland Walkway which borders the Plant. These include improvements to ground surfaces on inclined areas and a bridge over a ditch / trench. We will carry on discussing these planned improvements with the local council and community and hope to progress work on the walkway as soon as possible.

If you have any questions about Tarmac's operation in Barnstone please don't hesitate to contact us via barnstone.feedback@tarmac.com.

WILLIAM BALL, PRODUCTION MANAGER



This year sees the 25th anniversary of the opening of Dove Cottage Day Hospice in Stathern.

To mark this we will be launching a big fundraising campaign and holding a celebratory event at the Hospice on Sunday 12th September.

Garden party & family fun day

To celebrate our silver anniversary, we are opening the hospice and inviting everyone to a fun-filled family day and garden party.

Come along and enjoy live music, arts & crafts stalls, plus activities for the children, including a treasure trail, glitter tattoos and lots more...!

Refreshments will be available, as well as goodies for the kiddies!

We want to celebrate with you in our 25th year, and invite you to wander around our beautiful gardens, take a tour of the hospice, and learn about its history and why our guests love us so much.

SAVE THE DATE!!!

Where: Dove Cottage Day Hospice,
Canal Lane, Stathern, LE14 4EX

When: Sunday, 12 September,
11.30am-3pm



Social Walking Group

As I write it is hard to believe that we have enjoyed 9 evening walks since June! The Group is very friendly and informal, numbers taking part varying between 4 – 13, keeping in touch via a WhatsApp group. It has been great to meet new people and re-establish links with old friends, especially following this long period of social isolation.

We're lucky to live in the beautiful Vale of Belvoir and have explored paths in local villages including Long Clawson, Plungar, Harby, East Bridgford and Cotgrave, as well as more local walks in Langar and Barnstone.

Sadly, by the time Signpost is printed, we will have reached the end of the evening walk season. However, occasional weekend walks will be held between September and April 2022 when the next season of evening walks begins again.

If you are interested in joining, please email me in the first instance at claire.pegg1@gmail.com

*Best wishes
Claire Pegg*

A Family

Run Business



We come to you!

WEEK 1

WEEK COMMENCING MONDAY 1ST MARCH ALTERNATING



MONDAY

- > STATHERN 4:30pm - 6:30pm
- > GRANBY 7:00pm - 8:30pm



TUESDAY

- > CROXTON KERRIAL 4:30pm - 6:30pm
- > SPROXTON 7:00pm - 8:30pm



WEDNESDAY

- > ROMANS' QUARTER 4:30pm - 8:30pm



THURSDAY

- > EDWALTON 4:30pm - 8:30pm



FRIDAY

- > CROPWELL BISHOP 4:30pm - 8:30pm



SATURDAY

- > COTGRAVE 4:30pm - 8:30pm

WEEK 2

WEEK COMMENCING MONDAY 8TH MARCH ALTERNATING



MONDAY

- > GRANBY 4:30pm - 6:30pm
- > STATHERN 7:00pm - 8:30pm



TUESDAY

- > WALTHAM 4:30pm - 6:30pm
- > EATON 7:00pm - 8:30pm



WEDNESDAY

- > HOLLYGATE COTGRAVE 4:30pm - 8:30pm



THURSDAY

- > HARBY 4:30pm - 8:30pm



FRIDAY

- > LANGAR 4:30pm - 8:30pm



SATURDAY

- > COTGRAVE 4:30pm - 6:30pm

DISCLAIMER

PLEASE NOTIFY US DURING CHECKOUT WHEN PLACING YOUR ORDER IF THESE REQUIREMENTS/ SPECIAL REQUESTS ARE NEEDED. WE TRY TO CATER TO EVERYONE'S NEEDS, IF YOU HAVE ANY FOOD ALLERGIES THEN PLEASE SPECIFY THIS A CHECKOUT IN THE NOTES SECTION BEFORE SUBMITTING YOUR ORDER. WE CAN ALSO PROVIDE GLUTEN FREE PRODUCTS, PLEASE SPECIFY THIS BEFORE PLACING YOUR ORDER WITH US

ABOUT GILLY'S FISH BAR

AT GILLY'S FISH BAR OUR MAIN AIM IS TO OFFER FRESH HOMEMADE FOOD FOR EVERYONE TO ENJOY. WE ARE PASSIONATE ABOUT GOOD FOOD, BRINGING TRADITIONAL BRITISH FOOD TO THE HEART OF LEICESTERSHIRE. WE SERVE FRESH FISH; HOMEMADE BATTER SIMPLY COOKED TO GILLY AND SHELL'S TRIED AND TESTED RECIPES.

OUR MENU HAS SOMETHING FOR EVERYONE AND EVERY OCCASION, FROM LUNCH WITH FAMILY AND FRIENDS TO ROMANTIC DINNERS, WE MAKE IT SIMPLE, BECAUSE WE COME TO YOU!

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the

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£5.95*

see website for details

NEW CONSULTANT KEYWORTH

Monday evening
Methodist Church Hall
Selby Lane,
Keyworth
NG12 5AH.
Michelle
on 07791 301449



NEW CONSULTANT FROM 23rd JUNE BINGHAM

Tuesday evening
The Rugby Club Pavilion
Brendon Grove,
Bingham, NG13 8TN.
Bex
on 07738 947883



NEW CONSULTANT & NEW VENUE EDWALTON

Wednesday evening
The Rock Church
Wellin Lane,
Edwalton, NG12 4AS.
Lizzi
on 07502 275709



RADCLIFFE ON TRENT

Friday morning
The Grange Hall
Main Road,
Radcliffe on Trent,
NG12 2FB.
Yvonne
on 07717 307 007



RUDDINGTON

Monday evening
The Jubilee Clubhouse
Loughborough Road,
Ruddington
NG11 6NH.
Yvonne
on 07717 307 007



NEW CONSULTANT FROM 23rd JUNE BINGHAM

Wednesday morning
The Rugby Club Pavilion
Brendon Grove,
Bingham, NG13 8TN.
Bex
on 07738 947883



NEW VENUE WEST BRIDGFORD

Thursday evening
Sir Julien Cahn Pavilion
West Park,
Loughborough Road,
NG2 7JL.
Shirley
on 07946 727077



BINGHAM

Saturday morning
The Rugby Club Pavilion
Brendon Road,
Bingham, NG13 8TN.
Bex
on 07738 947883



RUDDINGTON

Tuesday morning
The Jubilee Clubhouse
Loughborough Road,
Ruddington
NG11 6NH.
Yvonne
on 07717 307 007



NEW CONSULTANT FROM 23rd JUNE RADCLIFFE ON TRENT

Wednesday evening
The Grange Hall
Main Road,
Radcliffe on Trent,
NG12 2FB.
Yvonne
on 07717 307007



COTGRAVE

Thursday evening
The Methodist Church Hall
Bingham Road,
Cotgrave, NG12 3JR.
Naomi
on 07734 791608



WEST BRIDGFORD

Saturday morning
West Bridgford Sports Club
Stamford Road,
West Bridgford
NG2 6GG.
Naomi
on 07734 791608



COTGRAVE

Tuesday evening
Methodist Church Hall
Bingham Road,
Cotgrave, NG12 3JR.
Lizzi
on 07502 275709



NEW GROUP WEST BRIDGFORD

Friday morning
West Bridgford Sports Club
Stamford Road,
West Bridgford,
NG2 6GG.
Naomi
on 07734 791608



#SWtastethefreedom



slimmingworld.co.uk

we've made this pasta dish
slimming-friendly
- find the recipe at

Slimming
WORLD

touching hearts, changing lives

TINA TURNER *PLUS* CHRIS REA

The Bowls Club's efforts to raise funds for Macmillan Cancer Support resume on Friday, 26th November when the next Tribute Night takes place at Cotgrave Welfare. We have a fantastic line-up for you.

Dave Pinkney will be appearing as Chris Rea. Dave has appeared on Stars In Their Eyes and has that gravelly depth and quality to his voice that means he is one of the best around.

Niqi Brown is an incredible artist in her own right having appeared and done well on Britain's Got Talent. Her Tina Turner tribute is something to behold though. Try googling it – you'll see!



a tribute by

Niqi Brown



The theory is that we have a great night of fun and top-class entertainment at a more than reasonable price, Cotgrave Welfare sells loads of food and drink and Macmillan receive a large lump of money. We call it 'Partying for Macmillan'.

At just £10 a ticket this night really is one to support AND that includes a free raffle. If you've not been to one before there is only one way to find out what you've been missing. We regularly sell over 250 tickets: they can't all be wrong AND EVERY PENNY GOES TO MACMILLAN. Get your ticket now by ringing Steve on 01949 861353 or John on 01949 860301 There will also be some at Cotgrave Welfare.

To date, as a result of generous support of a lot of wonderful people we have managed to raise over £42,000 for Macmillan.

See you there on 26th November. Doors open when the act is set up and sound-checks etc done but no later than 8.00 p.m. Try not to be late; we've a huge amount of partying to fit into one evening.



Our Projects

Our Voluntary Transport Schemes

[Our Voluntary Transport Schemes](#) provide safe and affordable transport for people who find it difficult to get out and about in Rushcliffe and Gedling. Our volunteers use their own cars to help people get to where they need to go, e.g. to the shops, doctors, dentists, hairdressers, social activities, visit friends and take part in their communities.

Users of Rushcliffe & Gedling Voluntary Transport Scheme include a wide range of people from our communities, older people, people with physical and learning disabilities, unemployed people and people that don't have access to public transport. Our community transport focuses on local needs and on one-to-one help, providing both choice and quality services.

“Without this service I would be housebound, it is really comforting to know that you are there”

Call us on 0115 969 9060 and then press 1 for transport or, email transport@rushcliffecvs.org.uk

Handy Housekeepers

Our [Handy Housekeepers](#) service support older and disabled people who want to stay in their own home but need a little help around the house.

Our Handy Housekeeper service is designed to help you or your loved ones to live independently and happily at home. We know that general housework duties can become more difficult due to a variety of circumstances and we understand how important it is to have your home clean and tidy.

Our staff can help with tasks such as:

- Vacuuming
- Dusting and polishing furniture
- Cleaning baths, sinks and toilets
- Washing floors
- Laundry
- Changing beds
- Emptying rubbish bins.
- Collecting weekly shopping from the local supermarket
- Collecting prescriptions.
- Outdoor Activity Support
- Sitting and Companionship

“It is such a load of my mind to have my Handy Housekeeper come and clean and tidy for me.

She also helps me with shopping and my laundry. Life is so much easier now”

Call us today on 0115 9699060 to find out more or email admin@rushcliffecvs.org.uk

Volunteer Centre

[Volunteer Centre](#) - We promote and support volunteering in Rushcliffe. We connect volunteers to organisations and provide advice and support.



In 1996 the vision of a local young woman was brought to life through a lot of hard work, dedication, faith and - most importantly - support of the local community.

Dove Cottage was born and 25 years on is now a much-loved source of support for families living with life-limiting illnesses in the local area.

We want to continue providing this support but we need YOUR help!

Introducing...



CAN YOU HELP US TO CELEBRATE OUR 25TH ANNIVERSARY BY RAISING £25,000??!

Create your own challenge and raise money for Dove Cottage – it can be ANYTHING you want it to be, as long as it's themed around the number 25.

For more information and ideas visit
WWW.DOVECOTTAGE.ORG/CHALLENGE-25





GRANBY, BARNSTONE & DISTRICT BRANCH

The Branch held its Annual Luncheon on Sunday 12th September in the Village Hall with a recital of songs from the past 100 years, to commemorate the centenary of the formation of the British Legion.

On Saturday 31st July I visited Skydive Langar, where a large number of supporters of the Suez Veterans Association had gathered to undertake a number of tandem skydives to raise money for the RBL and Help for Heroes. It was great to see so many people of all ages enjoying themselves while raising money for these worthy causes.

On Saturday 7th August our Branch Standard Bearer and I attended a Commemoration Ceremony in Eaton for the crew of Lancaster Bomber R5694 of 207 Squadron based at Langar Airfield, which crashed in a field near the village on the night of 25th November 1942,

killing all 8 crew members. The event was well attended, including a number of members of the families of the crew. A plaque was unveiled near to the crash site. It was sobering to realise that all the crew members were in their 20's, as were many of the 251 aircrew from 207 Squadron who lost their lives in the 13 months they were based at Langar.

On Saturday 23rd October 2021 our President, Andy Pulford will be giving another of his enthralling talks in the Village Hall. This year's talk will be entitled **The Royal Air Force in 2021 – Air Power for the next decade** tickets are £10 each, which will include a buffet supper, available from me on 01949 861446 or acharlett289@btinternet.com and there will be a bar and a raffle. Proceeds will be donated to the Poppy Appeal.

Remembrance Sunday will take place on Sunday 14th November. Final details of the services are yet to be determined but will be broadcast when we know more.

Andrew Charlett
Branch Chairman

A Big 'Thank You' from The Langar and Barnstone Parish Council

The Langar and Barnstone Parish Council are very lucky to have two outstanding people who are in their employ.

Luke Mazers is our 'Lengthsman' – but what exactly is a Lengthsman?

The term 'Lengthsman' was coined in the 1700s in a concept rooted in the Tudor Era as far back as the War of the Roses and enclosure. Originally it referred to someone who kept a 'length' of road neat, tidy and passable in the Middle Ages and

this is what Luke still does today. Luke keeps our paths and lanes clear of grass and weeds, but he does so much more besides.

Throughout the summer, Luke has taken on many duties above and beyond his remit. He has set up equipment in the children's play park, designed the new backboard for the basketball court in the park, put up new signposts and has willingly done whatever has been asked of him. Luke does this with a smile and good humour, and nothing is too much trouble for him.

Vale Arts Group

Tuesdays Barnstone Village Hall
Doors open from 2 pm ~ 5pm

*All welcome to join, chat, share and
indulge in all creative mediums!*

TEA, COFFEE AND
BISCUITS INCLUDED
£2 PER SESSION

We are well and truly up and running once again. It is now August and things have gone very well so far.

We have two new members, one of whom is the husband to the Signpost Editor, Heather, hello Mark, and Lionel is a well-known figure at Vale Market Café. So welcome to you both.

Cyril Richardson, gave us an entertaining afternoon's tutorial of how to use Acrylics, properly! It went off very well. A couple of weeks later Anne Wright, gave a watercolour demonstration and tutorial over two weeks. Everyone who was there (I was away) enjoyed both members demonstrations. We will be looking at mixing up the ART a bit, on September 21st by Mike Cox, who will be talking BONSAI. It is VALE **ARTS** GROUP, after all.

We are always looking for new members to join and share their love of any kind of

Art with us at **Vale Arts Group**. We have a lacemaker, photographers, an origami and glass sculptor, an embroiderer, a weaver and people who draw or paint in all manner of media. So - if you are looking for a group of fun people to share your love of any kind of Art with, join us. Held at the Langar cum Barnstone Village Hall.

EVERY TUESDAY AFTERNOON
BETWEEN 2PM AND 5PM(ish).

Tea/coffee and biscuits available.
The prohibitive cost of £1 is the Annual Membership Fee. A £2 fee per session (includes the refreshments). You do not pay if you don't attend the Group session.
Enquiries: GILLIAN CLARKE
philigansgc@gmail.com or 01949861015

Justina Harper is our Litter Picker

It's a sad indictment of today's society that Justina's job even exists! Justina can frequently be seen out and about in Barnstone and Langar, constantly picking up litter which thoughtless people discard. Apart from the usual paper and plastic, Justina removes broken glass and dog mess which are things she really shouldn't be dealing with. When there is too much litter for her to carry, she frequently takes her car to collect it. She just gets on with it and is always on top of things.

Luke and Justina often work over their hours. They are both very friendly and are always happy to have a chat with residents so please stop and say hello to them if you see them going about their duties.

I would like to say a big 'THANK YOU' to them both from the Parish Council for going above and beyond their duties and to let them know how much we appreciate them.

Cllr Nicky Pulford
Langar cum Barnstone Parish Council

Why do leaves change colour and fall off in autumn?

Autumn is often a time of outstanding beauty. We're treated to a final burst of colour before the onset of winter. And some years, that colour is more spectacular than ever. Find out why.

Why do leaves change colour?

Leaf colour comes from pigments. These are natural substances produced by leaf cells to help them obtain food. The three pigments that colour leaves are chlorophyll (green), carotenes (yellow) and anthocyanins (reds and pinks).

Why is autumn colour better some years?

The depth of colour is influenced by the blend of chemical processes and weather conditions.

Cold nights: low temperatures destroy chlorophyll so the green leaf fades to yellow, but if temperatures stay above freezing, anthocyanin production is enhanced and the leaves take on a red colour.

Dry weather: sugars become concentrated in the leaves, more anthocyanin is produced and consequently leaves are redder.

Bright sunny days: although the production of new chlorophyll stops in autumn, photosynthesis can still occur on sunny autumn days, using the remaining chlorophyll. Sugar concentration increases, more anthocyanin is produced and the leaves are redder.



Why do trees lose their leaves?

The beginnings of leaf drop, also known as abscission, start when a layer of cells is formed between where the leaf stalk joins the stem. This layer, known as the abscission layer, is formed in the spring during active new growth of the leaf.

In autumn, hormones within trees begin to change. The most notable is auxin. During the active growing season, production rates of auxin in the leaves are consistent with the rest of the tree. As long as these rates are steady, the cells of the abscission layer remain connected, which in turn, keeps leaves attached.

But as days shorten and temperatures cool, auxin production in leaves starts to decrease. This triggers cellular elongation within the abscission layer. The elongation of these cells creates fractures,

allowing the leaf to break away from the plant. The leaf is finally blown off by the wind or falls from its own weight.

What are the benefits of leaf fall?

The benefit of shedding leaves is that trees can preserve the moisture in their branches and trunk, instead of drying out and dying. And a tree without leaves is in a state of dormancy and needs less energy to remain alive.

Leafless trees are also better able to tolerate winter storms as strong winds can move through the branches more easily.

www.woodlandtrust.org.uk/blog/2020/10/why-autumn-leaves-change-colour/

NOTTINGHAM SKYDIVERS ACHIEVE GUINNESS WORLD RECORD FOR MOST HIGH FIVES IN FREEFALL

Nottingham skydivers have set a new Guinness World Record for the most high-fives performed in freefall, achieving 32 high-fives in 63.3 seconds while falling at speeds of 120-130 mph.

Expert skydivers Emily Aucutt and Josh Carratt have been awarded a Guinness World Records title for the 'Most high and low fives by a pair in a single skydive'.

Emily Aucutt is British Skydiving Instructor of the Year as well as an ex-nurse who has been working on the frontline of the COVID-19 pandemic administering vaccines. Josh Carratt is the director at [Skydive Langar](#), where the stunt was performed.

The incredible feat of a world record was achieved at Langar Airfield in the Vale of Belvoir. The pair had to achieve a minimum of 30 high and low fives during a skydiving free-fall to be awarded the record. They achieved an astonishing 32 high and lows fives within the 63.3 second free-fall.

Speaking of his achievement, Mr Carratt said:

"Skydiving is often perceived as a sport which is driven by adrenaline and while that's true, it's also an incredibly fun sport, built on a community of great people who get together to have a good time.

"To achieve a World Record for something as fun and light hearted as high-fiving is a great accolade for us and we're very proud to hang our new Guinness World Record certificate in pride of place at Skydive Langar.

"The stunt itself was more challenging than we first expected. In fact, in our first attempt, we just missed the minimum high-five target! We returned to the drawing board to work out the more efficient way of performing the high-fives and on our next attempt, we did it."

Ms Aucutt, who hails from Coventry in the West Midlands, worked as a nurse prior to becoming a skydiving instructor and has spent the lockdown period working in a vaccination centre.



Skydive Langar recently announced record numbers of jumps as the post-lockdown experience economy

continues to thrive. The centre regularly surpasses 30,000 jumps per year and welcomes everyone from brand new skydivers having their first experience through a tandem skydive or learning to skydive alone, through to hobby skydivers and semi-professional skydive teams.

Skydive Langar is a skydiving centre of excellence situated in the Vale of Belvoir in Nottinghamshire. Skydive Langar caters for all levels of skydiving experience, from tandem skydives for first timers, to learn-to-skydive courses to skydiving for experienced jumpers and training teams.

Skydive Langar was founded in 1977. More information can be found at www.skydivelangar.co.uk.

For more information, contact laurahampton@hotmail.co.uk.

Laura Hampton
Find me on [LinkedIn @laurahampton](#)




lockSHAW

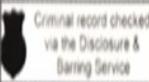
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I WEAR MY MASK IN PUBLIC FOR THREE REASONS:

- HUMILITY:** I don't know if I have COVID as it is clear that people can spread the disease before they have symptoms.
- KINDNESS:** I don't know if the person I am near has a child battling cancer, or cares for their elderly mom. While I might be fine, they might not.
- COMMUNITY:** I want my community to thrive, businesses to stay open, employees to stay healthy. Keeping a lid on COVID helps us all!

Little Toes Day Nursery
Open Monday-Friday
7:30 a.m. -6:30 p.m.
41 weeks a year



If you have any concerns on the following, they can all be reported online through the NCC Highways Reporting Hub using the link below:
<https://www.nottinghamshire.gov.uk/transport/roads/highways-hub>

This will then generate an enquiry on their system and will be directly forwarded to the relevant officer.

- Potholes
- Faulty streetlights
- Grass cutting schedules
- Problematic trees & hedges
- Road or pavement concerns
- Street signs
- Surface dressing
- Road markings
- Signposts
- Highways obstruction

Plus many more services which are available through the link.

For emergencies, please phone: 0300 500 80 80



Barnstone Bowls Club 2021 Season



The 2021 season will be drawing to a close in September, with everyone at the Bowls Club greatly relieved to be able to play a full season and finally be able to open up our clubhouse, despite the COVID-19 situation. Thank goodness for the jabs!

On the green, the story has been that the season got off to an inauspicious start as people made the decision whether they wanted to resume playing. Whilst bowling is always enjoyable, winning matches naturally adds a bit of extra spice. However, as the season progressed, nearly all the members have returned to the fold and the latter half of the season has seen some cracking results - championship-winning form in fact - and, as I write this, it's not over yet!

Whilst we have unfortunately lost one or two players because of ill-health, we've been very excited by the return of three experienced ex-members who have seriously bolstered our bowling prowess. A few of Barnstone's members have also reached finals and semi-finals of league-run knockout competitions. As this season draws to a close, it all seems very promising for next summer.

It's been possible to hold the annual Gala Day again this year. It was really gratifying

that 72 bowlers came from all around to compete for the coveted trophy. The winners heralded from Kirkby-in-Ashfield and the losing finalists were a team from Ilkeston. The weather was kind and many of the club members worked their socks off to put on food, refreshments, a raffle, a tombola, a quiz and more! The catering and level of enjoyment are second to none, which is why it's so well supported.

We offer social membership to those who perhaps don't want to bowl competitively but may enjoy the 'partying' bit. The social side is now beginning to kick in as bowling draws to a conclusion. There is a long October weekend in Shanklin and an autumn/winter programme of events is being planned. There are still a few seats for the Shanklin trip if anyone is interested; everyone is welcome. There are discussions about dancing classes, walks, race nights, quiz nights, cheese and wine etc. In addition, there is also the Presentation Dinner and of course the legendary Tribute Nights which so far have raised well over £40,000 for Macmillan Cancer Support.

If any of the above appeals to you, email me on steve.wrate@btinternet.com or give me a call on 01949 861353.

Steve Wrate

Do you have an advert, content or picture you would like to include in the next edition of Signpost? We would love to include it.

Simply contact Sharon at langarbarnstoneclerk@gmail.com

What's happening in the fields around Langar cum Barnstone?

Langar-cum-Barnstone residents are blessed with beautiful countryside on their doorstep but do we all know what is happening in the fields around us and why our local farmers are doing all they are? Nothing written or said about farming is complete without moaning about weather at least once and the 2020/21 growing season has given some difficult challenges. It was the second wet planting season in a row which impacts on how well crops establish, by my own records we had double the ten-year average rainfall in December and January which is not great news for the predominantly clay-based soils surrounding the villages with poor drainage. At time of writing (early August) harvest of the cereal and oilseed rape crops is only just beginning which is 1-2 weeks behind where harvest progress usually is. However, yields are generally average to good with prices at near record highs thanks to very low yields in Russia and the drought impacting on crops in North America and Canada. So, with good yields and high prices then another local company, John Deere, could be on for a good year with machinery sales!

Wheat, Barley, Oats, Rye, Oilseed Rape and beans will all be harvested by the middle of September (hopefully!) and then thoughts will turn to the Maize and Sugar Beet harvests. There is a lot of Maize grown locally to produce power through local Anaerobic Digesters and crops are looking pretty good overall. Rather than using a combine harvester as would be used for wheat, a forage harvester is used for Maize to take the whole crop from the stalk upwards and chop it into trailers. A combine harvester only takes the grain from a crop and leaves the straw and stems in the field to either be baled for fuel and animal bedding or spread back across the field to return nutrients held in that residue.

Sugar Beet is harvested through the late autumn and winter months and is taken to the British Sugar factory at Newark where it is processed and turned into granulated sugar which we use daily. To support home grown sugar, rather than relying on imports from sugar cane-based products, make sure you're buying the Silver spoon brand on the shelves.

Grass is the last crop to mention grown around the villages and has one of the most diverse ranges of uses, going to feed local Dairy and Beef farms as well as for local horse owners. Grass is used for making Silage, Haylage and Hay. The difference between the three is the moisture content, with Silage being the wettest and plastic wrapped to preserve it through the winter months, through to Hay which has to be left in the field for often up to a week or more and turned regularly to be dried down sufficiently to be dry-stored in barns through the winter – the English weather doesn't lend itself to hay making, so less of this is done in favour of Silage or Haylage which is somewhere between the two but still plastic wrapped to prevent mould and the forage spoiling.

Aside from crops there is also all the great stewardship and environmental areas that local farmers establish to allow native plant and animal species to thrive as well as pollinators. Some of this is grant funded but not all, so thank you to all the local farmers who are involved in these schemes to create a diverse local environment.

Please enjoy the fantastic walks we have around the villages and if you would like to know more about what's happening in a field or what a certain crop is and what it's used for, please take a picture and email to (my Cllr email address) and I'll happily help resolve any intrigue.

Cllr James Barlow

1st Barnstone Brownies

Our Brownie Unit is having a summer break right now after two terms of zooming and meeting outdoors.

The outdoor sessions have been blessed by good weather. We had a sporty evening on the School Field (thank you Langar School) a Trash Fashion Show on Church Green (see photo) and a 50-themed fun night (in honour of Little Owl) at the Magpie's Nest at Elton where we spent some of the time making friendship sticks with items we foraged from around us.

Four Brownies made their Promise and we said goodbye to Sienna and Amelia.

We welcome Rebecca, an ex- Brownie, who has joined us to do the volunteering part of her Duke of Edinburgh Award.

We are now hoping to get back to indoor meetings in September in the dear old Village Hall.

Keep positive.



The Owls and the Brownies



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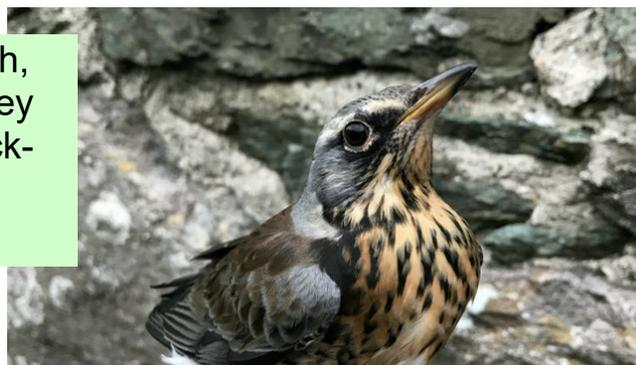
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Look out for these Autumn migratory birds

Fieldfare A large and handsome thrush, with a chestnut-coloured back, blue-grey head and rump. The harsh chack-chack-chack call can often be heard as they move along hedgerows.



Redwing Similar in size and appearance to a song thrush but with a striking white eyebrow, red underwings and flanks. These visitors from Iceland, Scandinavia, Eastern Europe and Siberia usually start arriving in early October. Their high-pitched sighs can be heard as they migrate at night. See them in woodlands



<https://www.nationaltrust.org.uk/features/six-top-migrant-birds-to-see-this-autumn>

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