

Signpost



Issue 60 - September 2019

Langar cum Barnstone Parish Newsletter



Vale Ventures Presents



Saturday 2nd November 2019

Barnstone Village Hall

**COME AND ENJOY OUR LIVE MUSIC OOMPAH
SHOW
WITH DINNER INCLUDED.**

Join Vale Ventures for a brilliant Bavarian Night and celebrate in true Oktoberfest style. Karl's Brass, one of the best Oompah Bands in the country, will be your hosts for the evening.

Hot themed German supper included.

Live music, comedy, party spirit games, vibrant atmosphere,
food included, bar – fab fun for all!

Choice of Tickets:

White: £15 for food and entertainment

Blue: £20 for food and entertainment, including 3 pints of real ale or
3 glasses of wine

Doors open at 7.30 p.m. and evening starts 8.00 p.m.

Email, message or call:

Sarah: sarahfleming_uk@yahoo.co.uk Mob: 07492060273

Charlotte: cmazers@hotmail.co.uk Mob: 07590310215

Apple Day 2019 - We want your apples!

This year's Apple Day will be held on Saturday 19th October from 2-4 p.m. in the playground at Langar Primary School. Bring along your apples, turn them into juice and take it away with you. This year we will be asking for a small donation from participants which will be used to help maintain or replace any damaged equipment.

As usual, volunteers would be greatly welcome to come and help operate the equipment, as would any donations of eating apples; we can organise collection. Any surplus juice made will be sold at the Vale Market Cafe with proceeds going to school PTA funds.

If you have a large amount of apples to press and don't wish to share the juice please get in touch and we can organise for the equipment to be made available to you during the morning or at a more convenient time to you.

Apple Day is a great way of bringing the community together. This is our fourth event and it would be great to see a good turnout. You don't need to bring along apples to take part, just come and have a go.



Got an Orchard full of apples? Don't forget the community apple press, crusher and pasteuriser are available to hire at a small cost.

If you can help in any way or want to borrow the equipment please get in touch by calling Jodi on 869794 or email jcarterdavies@gmail.com



A huge 'thank you' to Alan Marley from Merrivale AD Plant on Works Lane. Initially we asked Alan if he could inspect the Apple Crusher to see if the damaged spindle could be removed, before we replaced it with a new one.

Alan has not only inspected the crusher but replaced the spindle, overhauled the equipment and ensured it is stable. Merrivale have kindly supplied the time and the parts free of charge for which we are truly grateful.

Thank you!

The New 833 Bus Service

On Monday 27th May a new bus service came into operation serving Barnstone, Langar, Cropwell Bishop, Cropwell Butler, Bingham, Whatton, Aslockton, Orston, Elton, Sutton and Granby. This service replaced the previous 822 service that ran to West Bridgford.

The 833 service uses smaller buses and runs in two directions in a circular route, so that services to Bingham from Barnstone and Langar are available every 30 minutes. The drivers are friendly and courteous

and the service is punctual and reliable. In the recent period of very hot weather, the bus company even provided bottles of water for the customers, a very thoughtful idea.

If you wish to travel into Nottingham, passengers can get off the bus at Cropwell Bishop and catch the 33 service into Nottingham, which follows the same route through Cotgrave, Tollerton, Gamston (via Morrisons supermarket) and West Bridgford, as the old Barton 22 route. Alternatively,



passengers may stay on the 833 bus into Bingham and catch the frequent Barton Bingham Express service. Passengers wishing to do this often get off the 833 outside Aldi supermarket on the Nottingham Road and cross the road to the bus stop to catch the Bingham Express. Passengers wishing to travel to Bingham for shopping can disembark at the Market Square where the 833 bus terminates its journey. Passengers requiring to travel to the doctor's surgery in Cropwell Bishop can also benefit from this service.

We have now used this service on numerous occasions and are delighted with how well it works, particularly when parking in Bingham town centre can be quite difficult. If you haven't yet tried this bus service, do give it a go. We are most fortunate to have been provided with such a good service, but if it is not used we may well lose it completely.

Joan & Andrew Charlett

New Village Hall Project update

Following the well-attended Information Evening on Tuesday 6th August, many useful comments were received. All the comments will be considered at the next meeting of the Village Hall Development Committee.



Christmas Quiz

Saturday 14th December
7:30 p.m.

Barnstone Village Hall
£10 per team
(max 4 in team)



Contact Tom
quiz@thomasmcharg.plus.com

Update September 2019

The First Term's Workshops

Wednesday, 3rd July saw the completion of the first five of our workshops led by archaeologist, Matt Beresford. These were very well attended with numbers varying between the high teens and low twenties. Beginning with an introduction to the project the topics covered were documentary research, site reinstatement, landscape surveys including LIDAR and geophysics, field walking, metal detecting, the role of excavation and finds processing and analysis. We concluded with planning our next steps including data collection, how to create a site archive, education and dissemination plans.

There was lively discussion during the workshops and we have already seen outcomes from some of the sessions. Geoff Kimbell has processed the recently released LIDAR data from the Environment Agency for the area around the St Ethelburga, including a fly-over version, and the area north of Langar including Wiverton Hall. We also have aerial photos downloaded from Google Earth which show a number of interesting crop marks in Langar, Barnstone and the surrounding villages. Our collection of maps has been enhanced by Geoff with the merging of Nigel Wood's photos of the 1818 Map of the Townships of Langar & Barnstone to create a complete view of the map. This will be of great use for overlaying the LIDAR, photos, finds locations etc.

Summer Activities

To help fulfil a primary objective of the project, the creation of a site archive, we have been gathering together finds from the site, collected during previous field walking, recovered from the site and spoil during the reinstatement of the site and those found by metal detectorists and other visitors to the site.

Carrying out a search of the Howe family archives for documents relating to St Ethelburga's and its location.

Second Term Workshops

Our second term of workshops will commence in September. These will build on our summer activities with sessions on our finds, maps, LIDAR, documents etc. Barnstone Village Hall has been booked for these as we will have access to Wi-Fi, space to work on our finds and carry out small group work as required. They will be held from 10.00 am until 3.00 pm on Wednesdays on the following dates:

25th September, 2nd October, 16th October, 23rd October, 6th November, 13th November, 20th November, 27th November, 4th December & 11th December

Even if you have not attended the earlier workshops you would be most welcome to join as there is a lot of work for us to do as we rediscover the story of our "Lost Church".



An example of what we have discovered so far is the LIDAR photo shown above which shows a number of features at or below the surface that are not easily seen on the ground. These include medieval fields, the old course of the Stroom Dyke and a possible 17th century octagonal bowling green at the end of the field to the west of Langar Hall (just left of centre towards the top of the photo).

Nigel Wood

nibarwood@btinternet.com 01949 860001

TARMAC - SEPTEMBER 2019

A few weeks ago we were delighted to visit the Lincs and Notts Air Ambulance, a vital charity which has completed over 20,000 life-saving missions since it launched in 1994.

The reason for the visit by colleagues Jeremy Butler and Alex Foster was to give the charity a cheque for over £500 – the donation was the result of a very successful safety campaign we ran on site.

The charity is one of the UK's leading Helicopter Emergency Medical Services (HEMS), funded purely by volunteers and fundraising events. It

It is a real pleasure to be able to support this fantastic charity

which is not part of the NHS and receives no direct Government funding. We actively support organisations in our local community as much as we can, but this donation came via an unusual route. In support of an on-site safety campaign, employees were asked to vote for a local charity to receive a significant donation. The Air Ambulance was overwhelmingly the number one choice.

Jim Vickrage from the charity added: "It is hugely appreciated that the staff at Tarmac voted for the Lincs & Notts Air Ambulance and it's appropriate the donation has come through



a safety campaign. Donations like this go a long way to supporting the work of our charity, which is celebrating its 25th Anniversary this year. At a time when every second counts, the arrival of our iconic yellow helicopter really can mean the difference between life and death. Donations like this mean that we can continue our life-saving work for many more years to come.”

The charity transports the equivalent of an A&E department to people suffering from the most serious of illnesses and devastating injuries, providing the best possible treatment as quickly as possible.

Steve Odell

Barnstone Plant manager



Langar & Barnstone's smart, newly refurbished Defibrillator kiosks.

It is hoped that refresher Defibrillator training sessions can be incorporated into the annual Parish Festivals.



GRANBY, BARNSTONE & DISTRICT BRANCH ROYAL BRITISH LEGION

The Branch had a most successful Annual Luncheon on Sunday 8th September in Barnstone Village Hall. It was gratifying to see some people attending who are not RBL members, but who support events that the Branch organises. The next event which our Branch wishes to support is the talk on Landmine Clearance on Saturday 28th September in Barnstone Village Hall, commencing at 7 for 7.30 p.m. Although this is not an RBL event, the cause to support and assist communities in war-torn areas of the world is something we would wish to support and we hope that many residents will also wish to support this worthy cause. Graham Allen, the speaker, has worked as an ambassador for the Mines Advisory Group for over 25 years and has a large amount of knowledge and experience on the topic. Tickets are £10 each

and are available from me either by telephone on 01949 861446 or email at acharlett289@btinternet.com; this includes a supper and a raffle and bar will be available. You may recall in my last report that we were attempting to raise funds to replace the 207 Squadron Memorial Bench in St Andrew's churchyard in Langar. I am delighted to report that the appeal for funds has been successful, with donations received from local Borough and County Councillors, as well as the local Branch of the Royal Air Force Association and a collection taken at the funeral of Enid Fahy. An order for the construction and installation of the bench has been given to John Parker, a local joiner, and we are hoping that we may be able to have an unveiling ceremony of the new bench during the period of Remembrance.

The Poppy Appeal this year will commence on Saturday 26th October and volunteers will be making house-to-house collections in the villages. There will also be collection boxes located at various businesses throughout the Parishes. We hope that you will be able to support this charity as you have done so generously in the past. The Remembrance Sunday Parade and Service will take place in Granby and All Saints church, Granby on Sunday 10th November. We had a marvellous turn out for this event last year and we hope that similar support will be given to the event this year.

Once again we would welcome any new members who may wish to join our Branch and support the aims and objectives of the Royal British Legion. You do not need to have served in the armed forces to become a member. If you wish to find out more details please contact me either by telephone or email as previously given.

Andrew Charlett
Branch Chairman

New Rector

Our new Rector will be the Reverend Rachel Mitchell. She is coming to us from St Mary's, Radcliffe-on-Trent where she has been a curate. On November 12th at a special service in St Andrew's at 7.30 p.m., led by our Bishop, Rachel will start her work in our Parish of Wiverton-in-the-Vale which as well as Langar and Barnstone includes, Elton-on-the-Hill, Sutton, Granby, Colston Basset, Cropwell Bishop, Cropwell Butler and Tythby. She and her husband, Sid, will be living at the Rectory in Cropwell Bishop.

Speeding vehicles

We are all concerned by the increase in speeding vehicles regularly seen travelling on our narrow village roads and the potential danger this causes. If you would be interested in becoming part of a team of volunteers helping to tackle this problem, please contact the Parish Clerk at

E:
langarbarnstoneclerk@gmail.com
or T: 01949 860123.

1st Barnstone Brownies

We did it!

The Brownie Bench has been installed. We hope everyone enjoys sitting on it.

Many thanks to all who contributed towards it, especially Rushcliffe Borough Council via Sarah Bailey, and the Vale Ventures, and the Parish Council for helping us bring the plan to fruition.

We also had enough money left to help refurbish the phone box.

Whether this becomes 'The Brownie Box' again remains to be seen.

We're looking forward to a new term at Brownies with new challenges and adventures whilst exploring our New Programme.

Best wishes

The Owls, Owlets and the Brownies

P.S. We still need a new leader.



Vale Arts Christmas Show and Sell Event

In the Langar cum Barnstone Village Hall 11.00 a.m. to 3.00 p.m.
on Sunday 8th December 2019

Dear Residents of Langar cum Barnstone,

We at VALE ARTS GROUP are looking for donations of 'UNWANTED GIFTS'. We all have these tucked away somewhere and are not sure what to do with them, so here is your opportunity – GET RID OF THEM!!!!

The reason is for our Christmas Show and Sell Event at 1.00 a.m. – 3.00 p.m. on Sunday December 8th 2019. This Event will Show our talents as an Art Group with other crafts too. Whatever we Sell, 10% will be given to AIR AMBULANCE. There will be refreshments available including Christmas delights – mince pies, mulled wine, oh yes and tea and coffee. We also plan to hold a raffle.

We are also inviting any residents who perhaps do wood carvings or knitted items, really anything saleable, to come along, hire a table for £5 and sell your goodies. We would request that 10% of your sales go towards the charity.

The charity we are raising funds for is AIR AMBULANCE. We are hoping your donations towards the Show and Sell will enable some Christmas shopping at reasonable prices and all the money raised from these sales will go to AIR AMBULANCE.

Please be good enough to ensure that any items you donate are in good condition, but anything goes! Cosmetics, scarves, boxed glasses, kitchenalia. You name it we will take it.

All donors please call Gillian Clarke 01949861015 or Nicky Pulford 01949

860344 for further details.

You can deliver or we can collect.





There has been a lot of outdoor shooting for Belvoir Archers, with Club nights of Tuesday and Thursday and the afternoon of Saturday being very busy.



The Nottinghamshire Archery County Championship in July saw several Belvoir Archers taking part, with our very own Sue Haynes retaining her Lady Compound Champion.

Belvoir Archers did well in the Oregon Challenge (where Nottinghamshire and Oregon in USA compete against each other in two rounds), with three members being selected for the team -Bryan and Sue Haynes and Peter Sanderson for our team.

Pictured above: Sue and Bryan Haynes

Our Summer Windsor took place on 20th July 2019 and was an interesting day weather-wise with sunny spells, heavy rain, light breeze and then hurricane-force winds. The Shoot had to be abandoned at the change of distance from 50 yards to 40 yards due to thunder and lightning in the local area. Prior to this we had just had two periods of heavy rain where the Judges held the shoot and sent everyone for cover. Heavy winds and lightning are the only reasons that archery is abandoned.

We are hoping that our Winter Windsor on 5th October has better weather.



The 2nd and 3rd Class Shoot was held by Belvoir Archers on Saturday the 22nd June 2019, by Bramcote Archers on 28th July and by Beeston Rylands Archers on 18th August. It is a series of tournaments to get novice archers into going to competitions. Archers are competing against archers of the same level. Several of our archers took places, Sheila Worth came 1st in the Ladies Longbow 2nd Class at all three shoots

Debbie Mason came 1st in the 3rd Class Ladies Recurve at our ground and Beeston Ryland's shoot.

The 27th June 2019 saw the Club out in force for Founders' Shoot. This celebrates the club's beginning and is based on handicap so that all the Club can complete together (the different bow types from Recurve, Compound to Longbow and Barebow and the difference experience levels). It was a very wet afternoon of shooting. Martin Braddock, who had just completed our beginners' course in May, came first.

As of November, Belvoir Archers will move indoors for the winter. We will be shooting at Cotgrave Leisure Centre on a Monday evenings and Barnstone Village Hall on Tuesday and Friday evenings.

We are also using the Village Hall for Coaching on alternative Saturdays. The Coaching allows our club members to improve their techniques prior to next year's outdoor session.

You will still see the Club shooting on the field. Our Boxing day Moose Shoot is being arranged as well as our late September Mid-Summers shoot.

if you are interested in trying archery or wish to have a go, please contact us it is very addictive. More information can be found on our web page www.belvoirarchers.co.uk

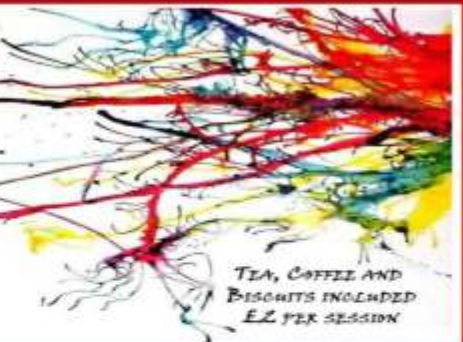


Vale Arts Group

Tuesdays Barnstone Village Hall

Doors open from 2 pm ~ 5pm

*All welcome to join, chat, share and
indulge in all creative mediums!*



It seems so very long ago and we have been very busy since May and the last Signpost.

May We had the visiting artist ring sadly to cancel his demonstration and I understand Maria Creed did a great job in stepping in at the last minute. Many thanks Maria, so sorry I missed it, so I can't say too much but – we want more!

June saw us herald in the 2019 Langar cum Barnstone Village Festival, which we always participate in and it gives us a chance to show our artistic abilities. We had as our title this year ON THE WILD SIDE and it was very interesting to see just what our artists depicted as their ON THE WILD SIDE! We had nineteen entries displayed on the stage and the evening before the event was spent setting the pictures up to be shown to their best advantage. Quilled paper elephant to a jungle collage, with some beasts and even a play on

words, a portrait of a rock star and some soft WILD things too. The artists also had tables to display their art and crafts. Greetings cards and glassware too.

The charity nominated by Wendy was **Cardiac Risk in the Young – Ride for Charlie!** Thank you Wendy! We managed to raise the good amount of £220, which was made up from donations from the public, the total of monies taken for refreshments and Nicky, Elaine, Clare, Marisa, Cyril, Vareena and Maria sold some of their items too and for their contributions we thank the artists.

25th June after all the razzmatazz of the Exhibition was a calm afternoon of Vareena's NOT QUITE WHAT IT SEEMS. A display of photos which have been fixed to show children mainly taken from the original photo and shopped onto a precarious or other

situation in another photo. Very clever Vareena, thank you.

July Tony Player came to give us a demonstration on pen & ink and watercolours. A photograph of the Bingham Buttercross was to be the subject and we were all given either a colour or a black and white photo of this. Tony then told us what we should do next by folding the photo until we had the picture we wanted. Watercolours for the picture and then highlighting with pen and ink. A very interesting afternoon - so many different depictions of the same thing. A lot of us want Tony to come back again as we learnt a lot from him.

August We had a casual month as there seems to be a lot of holidaying going on with members, after all it is summer.

September We are having Maria Creed back for an

afternoon, 10th September 2019.



October Tony Player coming back by popular demand, 15th October 2019.

So, for all you artists out there that are not members, why don't you come and join us for the princely sum of **£1** per year subscription, plus £2 per session – only if you attend do you have to pay. Coffee, tea and biscuits available at no extra cost.

Further enquiries: Gillian Clarke – 01949861015 or philigans@talktalk.net

Please help us keep our roads safe by reporting vehicles misusing the weight limits.

You can either report details of vehicles misusing a route by using an online form,

<https://www.nottinghamshire.gov.uk/transport/lorries/report-misuse> or to the Parish Clerk, on 01949 860123, or email:

langarbarnstoneclerk@gmail.com, who will then forward the information to Trading Standards.

Thank you



Barnstone Bowls Club 2019 Season



The 2019 season will be drawing to a close in September with everyone at the Bowls Club taking a deep breath and musing over the amazing achievements. The success has been both on and off the bowls green.

As I write this towards the end of August, the genial little Bowls Club here in the Parish of Langarcum Barnstone has reached the semi-final of The Belvoir League Knock-out Cup, is vying for the Nottinghamshire Bowls Federation Saturday League Division One title, lost narrowly to Kirkby-In-Ashfield in the Final of the all-Nottinghamshire knock-out competition known as the Steele Trophy and is competing for a League title in the League of Country Bowling Clubs.

A number of Barnstone's members have also reached finals and semi-finals of individual league-run knockout competitions. It's all happening as the season draws to a close. However, we try not to lose sight of the fact that we are a Club, with members of differing abilities and expectations. We have teams in two or three

leagues that offer competitive bowling to beginners bowling alongside more experienced members, plus club competitions and 'roll-up' days where everyone just turns up for a bit of fun. We even have members who just enjoy a weekly game among themselves.

Off the green we have just held the annual Gala Day. Seventy two bowlers compete for cash prizes and the coveted trophy. The first matches start at 9.00 a.m. and the final finishes at around 7.30 p.m. Our club members put on food, refreshments, raffle, tombola, quiz etc. The catering and the level of enjoyment are second to none, which is why there is a waiting list to play in Barnstone Bowls Club's Open Day. The money raised helps us to keep the subscriptions low.

Recruitment has been successful over the last couple of years. We have several new members enjoying the friendliness and welcome promised to everyone. It's a compliment that some are now wanting to bring their friends

along. Social events have been organised during the season, although playing in six different leagues, several cup competitions and lots of fun Club competitions keeps everyone as busy as they want to be

This year we are looking forward to a long weekend in Scarborough and a winter programme of events that is being planned. They are talking about putting on ballroom dancing, walks, race nights, quiz

nights, cheese and wine etc. In addition, there is also the Presentation Dinner and of course the legendary Tribute Nights which have raised over £40,000 to date for Macmillan Cancer Support.

We can now offer social membership to those who perhaps don't want to bowl but may enjoy the 'partying' bit. If joining Barnstone Bowls Club appeals to you give Steve Wrate a ring on 861353 or Jim Besson on 0115 933 4735.

The Vale Market Café

Saturday 14th September 2019

Barnstone Village Hall 10.00 a.m. – 12 noon

Eat and drink with friends & neighbours

**Browse the stalls & purchase locally made
or sourced produce and exchange books**

Forthcoming dates 12th October & 9th November 2019

Langar Pond Redevelopment

Work has taken place over the summer to create a new Wildlife Pocket Park at the Pond site, adjacent to the Unicorns Head pub in Langar. The ground was first cleared, fences removed and the site opened up enabling a view across the Green towards Cropwell Road.



Volunteers met up in mid-August to prepare the ground for planting, followed by a session in early September when plants, bulbs and seeds were put in, creating new

planted areas including wetland, butterfly and meadow.

Funding for the planting has been provided from the Langar Pond Trust funds which were transferred to the Parish Council at the end of 2018.

The next phase of the work is to provide a grit surface to the paths.

It is hoped that benches can be placed on the site so residents can sit in quiet contemplation and view the wildlife. Huge thanks to all the volunteers who have given their time to create this beautiful Pocket Park.

Langar and Barnstone Festival 2019

Considering this year was supposed to be low key, you locals did a fantastic job of organising and supporting ten events over the last two weeks in June.

Proceedings kicked off with the Brownies' Charity Ceilidh which raised lots of funds for Addenbrooke's Cancer Research.

Rain didn't dampen the fun at the annual Brownies' open evening either; who knew hula hoops and bean bags could be so much fun!

The PTA organised a fantastic early-evening event on the school field with a BBQ and games on the field, they even squeezed in a Drumba class on the playground which was a sight to behold. This truly was a fantastic community event with a lovely relaxed vibe, looking forward to next year!

The Vale Market Festival Café did its usual roaring trade followed by the Vale Arts Group Exhibition which offered up a fine display of work by local artists.

Tom organised another memorable quiz night in the

village hall - so much fun was had, that we have had to shoehorn in a Christmas quiz on the strength of it.

Tamsin pulled out all the stops for the village picnic, it would have been good to see a few more lovely folk as The Cellotapes from Bradmore entertained us with some wonderful music. There was lots of welly wanging and rounders fun too.

The walking group squeezed in a festival walk around Bingham and we concluded the festival with a Murder Mystery Supper thanks to Chris Harper and the Vale Players. This was lots of fun with Joan Charlett cooking up a storm in the kitchen and ensuring no one went home hungry.

That's it for another year. I'm hanging up my community boots and passing on the baton as I think it's time for a change. If you want to pick up the reins do get in touch and I'll show you the ropes.

Jodi Carter-Davies

CLIFF RICHARD & THE SHADOWS

The Bowls Club's efforts to raise funds for Macmillan Cancer Support continue on 8th November when the next Tribute Night is happening at Cotgrave Welfare. This time it's Jimmy Jemaine and The Knight's Shadows.

The theory is that we have a great night of fun and top class entertainment at a more than reasonable price, Cotgrave Welfare sells loads of food and drink and Macmillan receive a large lump of money for their funds. What is there not to like? Everyone wins. If you enjoy a good night out this really is a 'not-to-be-missed' event. Jimmy Jemaine won Stars In their Eyes. He also won the 2018 National Tribute Act of The Year award. He is unbelievable. He grew up with Sir Cliff, he has appeared as Cliff in a nationally released film and is still a close friend. Sir Cliff asked him to appear at his birthday celebration. Plus you'll get a good helping of Shadows music such as Wonderful Land, Foot Tapper and Apache. At £10 a ticket this night really is one not to miss AND that includes a free raffle.

If you've not been to one before there is only way to find out what you've been missing and why we sell over 250 tickets regularly for these events. We anticipate a full house for this one. Artists of this calibre bring their own following and some regular attenders book tickets for large parties of people. They are an ideal chance to have fun with your friends or come on your own and join in. The dancing is hard to resist but you really can't help singing along. AND EVERY PENNY GOES TO MACMILLAN. Get your ticket now by ringing Steve on 01949 861353 or John on 01949 860301 There will also be some at Cotgrave Welfare and at Cropwell Bishop Doctors Surgery (ask for Ruth).

To date, as a result of generous support of a lot of wonderful people we have managed to raise over £40,000 for this incredible charity and whilst ever you back the events we will keep going.

See you there on 8th November. Doors open when the act is set up and sound-checks etc done but no later than 8.00 p.m. Try not to be late; we've a huge amount of partying to fit into one evening.



Connect is a free-to-use Community based service offering short-term help when you need it. We offer practical advice and information and can put you in touch with other local services that are best placed to help you deal with whatever issues may affect your independence.

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- Deliver up to 3 months tailored support

And if we can't help you directly we will be able to introduce you to the right people who can.

If you live in Broxtowe, Gedling or Rushcliffe and want to find out more, or make an appointment contact us by phone 0115 939 5406 or by email connect@metropolitan.org.uk

We can then arrange a convenient time to discuss your individual needs and options, look forward to hearing from you!

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1ST OCTOBER 2019

www.dovecottage.org

The Cropwell Bishop Singers

We practise every Monday night 7.30 p.m. to 9.00 p.m. in the Methodist Church on Nottingham Road, Cropwell Bishop and we are always looking for new members, especially men.

Why not come along and give us a try!

No Auditions or singing experience necessary - phone 0115 9893632 for more details.

Our next Concert is on Friday November 8th in Cropwell Bishop Methodist Church at 7.30 p.m.

Tickets are £5.00 for adults and £2.00 for children and include light refreshments. Tickets can be purchased from either Gary Jowett Butchers of Cropwell Bishop, Linda Field on 0115 9893632 or from any Choir member.

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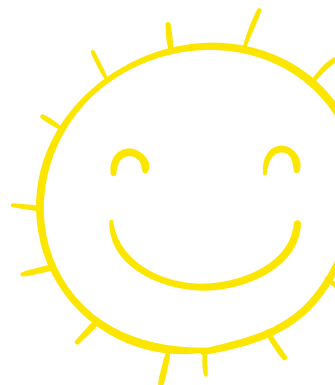


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