

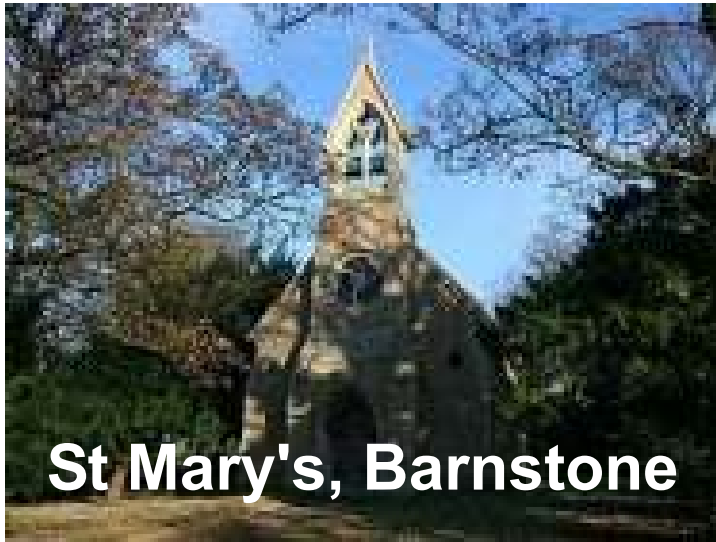
Signpost



Issue 52 - September 2017

Langar cum Barnstone Parish Newsletter



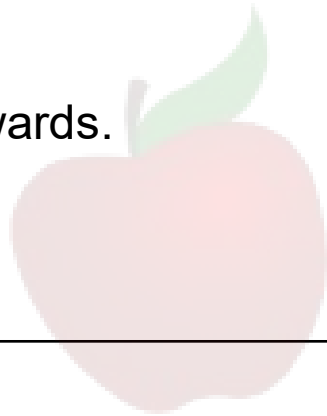


The Rector, The Revd. Canon
Bronwen Gamble and the
leadership team of
St Mary's Barnstone and St
Andrew's, Langar
invite you to a

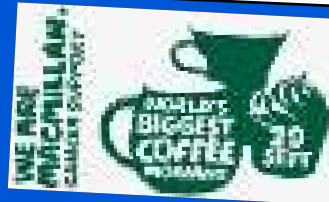
Special Service of Thanksgiving
at St Mary's

marking the closure of the church as a place of worship.
Sunday 17th September at 3.00pm

Light refreshments will be served in church afterwards.
All are Welcome



**Barnstone
Village
Macmillan
Coffee &
Cake
Afternoon**



**Friday 29th
September 2017
From 1pm onwards
Barnstone
Village Hall**

- Coffee & Tea
- Cakes &
- Goodies
- Mini Beauty Treatments
- Raffle

Having a Coffee and
Cake Event is the
perfect chance to
catch up over a cuppa
and a slice of
something delicious
for a great cause. One
in three of us will face
cancer, and the money
raised at our event will
help us make sure no
one has to face it
alone.

For more information please contact Justina Harper 07811 919802
Or Josie Morrissey 07791878938



Upcoming Parish Council meetings will take place on October 19th
and November 16th, you are welcome to attend from 7.30pm at
Barnstone Village Hall.

Details of parish councillors are available on the website –
www.langarbarnstone.co.uk

Annual

**LANGAR & BARNSTONE
COMMUNITY**

Apple DAY



**SATURDAY 21ST
OCTOBER**

**FREE
Entry**

Free fun for all the family

**THE GREEN BY ST. ANDREWS, LANGAR
FROM 10 AM - 2PM**



More Information

Come along and turn your autumnal fruit into juice with the village's community press and crusher. Take away your own apple or pear juice, bottles provided.

Wanted: Apples, watercress and rhubarb!

For more information or if you would like to hire the equipment for a reasonable charge please contact Jodi via the contact details below

**FOR MORE INFORMATION CONTACT JODI ON 860794
OR EMAIL JCARTERDAVIES@GMAIL.COM**

Review of Langar and Barnstone Village Festival

17-26 June 2017

2017's Festival was a resounding success with 18 events taking place over nine days. All events were well attended and enjoyed by the participants. We had lots of positive comments on the bunting especially the photographic bunting which was created by Vale Ventures. This encouraged a lot of discourse and it is hoped that it will be added to in the coming years.

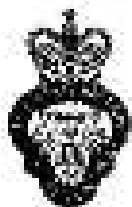
The celebration of 300 years of the pub was a fitting end to the festival with a celebration cake enjoyed by the parishioners who joined in with Nigel's History play. Lower numbers than hoped turned out for the picnic and village photograph in Langar but

hopefully the resulting photograph will encourage more people to get involved next year.

Thanks go to the council for the £500 budget which we used to help promote and decorate the village through banners, bunting, posters and flyers, I think you will agree that it helped give the Festival its own identity. We would be grateful if the council would consider putting aside a similar sum for 2018.

Thanks go to all the event organisers and supporters, we are all looking forward to planning next year's event.

Jodi Carter-Davies
Festival Co-ordinator 2017



THE ROYAL BRITISH LEGION

Granby, Barnstone &
District Branch

POPPY APPEAL & REMEMBRANCE NOVEMBER 2017

This year's Poppy Appeal on behalf of the Royal British Legion will be taking place from Monday 23rd October until Saturday 11th November. Volunteers will be making house to house collections as usual. The Remembrance Sunday Service and Parade will be held in Granby and All Saint's Church, Granby on Sunday 12th November. Granby, Barnstone & District Branch of RBL would especially welcome the support of our local community for these important events. 🍷



The Vale Market Café

Saturday 14th October 2017

Barnstone Village Hall 10 am – 12 noon

Eat and drink with friends & neighbours

Browse the stalls & purchase locally made

or sourced produce and exchange books

Forthcoming dates 11th

November & 9th December 2017

**A NAUTICAL EVENING
OF
SEA SHANTIES
WITH THE
STORMY WEATHER BOYS
AT
THE THOMAS CRANMER CENTRE
ASLOCKTON
28TH OCTOBER
7.00 FOR 7.30PM**



**(BAR WITH BEER, WINE
AND SOFT DRINKS)
TICKETS £10
(INCLUDING A LIGHT
SUPPER)**

AVAILABLE FROM:-

SUE HULL 839346

PAT HARLAND 875286 JEAN

PURDY 851293

**ALL PROCEEDS IN AID OF THE
BINGHAM & DISTRICT AUDIO
MAGAZINE**

(REG. CHARITY 1098306)



Farmers beware!

Don't become a victim; illegal waste operators may use your land to store waste and then abandon it, leaving you to pay to clear the waste.

www.gov.uk/wastecrime





Farewell to Terry

After ten years of continuous service in the community, Terry has decided to hang up his litter picker!

Terry, (& his 'Secretary', Marilyn!), have been a familiar sight in the parish, keeping our roads free of litter and reporting any problems they encounter on their travels.

Terry & Marilyn will be missed, we send them our good wishes for the future.

Welcome to Justina!

We are delighted to welcome Justina Harper who joins us this month as our new Litter Picker.

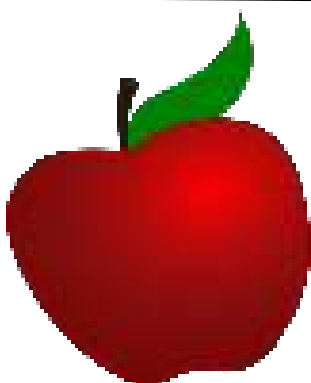
Please say hello when you see her out and about in the villages.



Dog Walkers

We are privileged to live in the lovely community of Langar cum Barnstone - great examples of well kept villages in the Vale of Belvoir.

Please help us maintain the high standards of cleanliness by continuing to pick up after your dog. There are plenty of bins for you to use around the parish.



Just for fun...

How many apples, like this one can you spot in this edition?

Post Office Outreach sessions

coming to Barnstone Village Hall

We are pleased to report that the Post Office will be opening a weekly Outreach Service in Barnstone Village Hall on Tuesdays from 11.30am - 1.30pm. The start date is yet to be confirmed but is expected to be in October or November.

Outreach Services will be provided by East Bridgford Post Office and will include:

Personal/Business Banking –
deposits/withdrawals

Postal

Car tax

Bill payments

Pension

Foreign currency

Travel insurance

We would like to offer light refreshments, (tea/coffee/biscuits), during the session and would like to hear from anyone who would be willing to volunteer to help run this. If anyone is in need of help with transport to and from the Post Office sessions, please contact the Clerk, Claire Pegg on 01949 860123 or email:

langarbarnstoneclerk@gmail.com .



Household Pets Logic Puzzle

Each of the five couples has a dog and a cat as pets. One first name is Rose, and one surname is Hatfield. From the information given below, can you identify the couples and name the pair of pets to be found in each household?

Kenneth's dog is Reggie and Jasmine's cat is Sultan.

When placed in alphabetical order, Ivy's name follows that of her cat, but precedes that of her husband.

Scamp and Claws belong to the same couple - the husband has a first name beginning with 'D'.

Marguerite Rushton is not married to Neville; neither these two nor Eamonn Barnard own Wally, who does not form part of the same household as Shandy.

Dennis and Laura are a couple. They do not own the dog called Yorky, nor does the couple named Marchant, whose cat is called Fluff, but whose dog is not Cleo.

Shandy belongs to the Savilles, but Sheba does not, nor is her owner Dickie.

A.J. Duncum

Nevile & Langar Ward news

What's happening in Hickling & Hickling Pastures, Upper Broughton, Kinoulton, Langar, Colston Bassett and Owthorpe



A summer of fun in the Ward.

Langar had a 9 day festival of fun with 18 events – a family picnic with country games, village photo at Langar Hall and Nigel's history play to end the festival plus the Unicorn's Head Langar's 300th year celebrations!

Colston Bassett - What a truly old fashioned village fete was held on 2nd July stepping back into the past—the old fashioned games, dog racing with a betting tote and eclectic assortment of runners was a big attraction and believe it or not, I looked round and despite lots of young children and teenagers being present, there was not a single mobile phone in sight. It really was a day from the past.

Hickling are looking forward to another great Scarecrow weekend on 9th & 10th September and this year and a busy Church Fete on the 22nd & 23rd July.

Kinoulton saw an evening of light classical music in the Church accompanied by strawberries and fizz and for those who preferred something 'heavier' there was be the Big Night in on Saturday 8th July.

Owthorpe had a multi cultural year with an Irish Themed luncheon in June and an Italian evening on 15th July.

Upper Broughton - it's been a wonderful year for Strawberries and Upper Broughton provided a profusion of strawberries and cream for their picnic on the green on 2nd July (sorry Upper Broughton I can't be everywhere. I was in Colston this year)

Rushcliffe are proud to announce
BRIDGFORD HALL

Back by popular demand - West Bridgford's premier wedding venue Following extensive refurbishment with the help of Heritage Lottery funding, and £800,000 provided by Rushcliffe Borough Council, the Grade II listed Bridgford Hall has opened its doors once again. It is both a registration office with two ceremony rooms and an aparthotel, with accommodation for up to 22 guests in superb suites, any of which can be used as a magnificent bridal suite.

RUSHCLIFFE GOOD NEWS :

PLANNING

Following a review of planning procedure earlier in the year it has been decided to reduce the number of Councillors sitting on the group, change the name from Development Control to Planning committee and allow public speaking on applications as well as Ward representation.

COMPOSITING & RECYCLING

We continue to be the top performer across Nottinghamshire. Well done the Rushcliffe residents and those in the Nevile & Langar Ward. Don't forget if you are overwhelmed with

green prunings and grass mowings following the recent rains you can always have an extra green bin
Extra grey bin – If you are a family of 4 with 2 children in nappies you may qualify for an extra grey nappy bin. Nappies are not to go in the blue bins.

HOMELESSNESS

242 people were prevented from becoming homeless in Rushcliffe. An amazing success story exceeding all targets.

If you have any issues you wish to discuss or planning applications you need help with please don't hesitate to contact me:

Cllr. Tina Combellack

Cllr.t.combellack@rushcliffe.gov.uk



DOG SCHOOL

Sign up to Dogs Trust Dog School today. Build a bond that lasts a lifetime.

From unruly scamp to obedience champ

If you're raising a new puppy or teaching an old dog new tricks, we've got a training class for you and your canine companion. Our experts will help you and your dog understand each other better and manage common behaviour problems. You'll have a lot of fun too!

Get in touch

Dogs Trust Dog School Nottingham
NG2 5PT

0115 855 8372

holtsdogschool@dogstrust.org.uk





Barnstone Bowls Club 2017 Season



As you read this article, assuming somebody will read it, the 2017 season will have drawn to a close. I guess it was too much to expect the success achieved over the previous couple of years, which were exceptional but it has not been a flop either. From a playing/winning point of view it has been a mixed bag. We finished at the bottom of Division 1 of both the League of Country Bowling and the Trent Valley League and will be playing in Division Two next time around. We achieved a mid-table position in the Nottinghamshire Bowls Federation Saturday League Division One. As I write we are competing for the Belvoir League Three Wood title and holding our own in the Belvoir League Two Wood League.

On the plus side, the Club has a number of representatives in the semi-finals and finals of the Leagues' Pairs and Single competitions, still to be played as I write. Our bowling green if anything has got even better and we have attracted half a dozen new members who have joined in and assure me have thoroughly enjoyed themselves. There was a little disappointment that two or three others who joined didn't seem to get quite so involved but we hope they will make the effort to play more next year.

In addition, we are aware that some members who were unable to play this season due mainly to ill-health,

will be returning so the Club is looking forward to 2018 with optimism. We would love to see local people coming and joining our happy little band. You are assured of a very warm welcome, plenty of help and encouragement if you want it and a great time enjoying this wonderful game.

The social side has continued to attract many people, including several from other Clubs. This year we are going for a long weekend in Weston-Super-Mare in October, we have had day trips to Windsor and Sheringham, social evenings in the Clubhouse and at The Plough in Stathern, the Presentation Dinner was at Paul's Restaurant in Bottesford and of course the bi-annual Tribute Nights which have raised almost £35,000 to date for Macmillan Cancer Support.

The next show is on 1st December when the FAB 4 will giving us their tribute to - guess who, yes you're right – The Beatles. This group played at The Cavern during Liverpool's 50th Anniversary of The Beatles. They are exceptional and we will almost certainly sell out. Secure your tickets by getting in early; they are on sale now, only £10 each. Call Steve Wrate (861353) or John Parker (860301).

If Bowls appeals to you ring David Brown on 850675 or Steve Wrate or just turn up for the AGM in the Clubhouse, 7.30 pm on Wednesday 18th October.



It is coming up our first anniversary on 3rd of August! Vale Arts Group opened the doors of the Langar cum Barnstone village hall for the first time to local artists.

Our first gathering had eight people there and we have had up to fourteen at meetings since, although in fact we have 21 members.

We decided to run the Group like a Club with membership fees – they really break the bank by being £1 (yes one pound!) per year. Each session that you attend is £2 and this covers the costs of the hall hire and refreshments. Guess what? if you don't come on a Tuesday between 2pm and 5pm – you don't pay! You only pay if you attend.

So far we have covered:
An Art Exhibition in September 2016. Monies raised went to Pancreatic Cancer - £300!
Peter Milward showing us Chinese Brush Painting. Great fun and we all learnt something.

The Art Exhibition at the Langar cum Barnstone Festival in June 2017. It seems that all those involved to make it a success, certainly pulled out the stops as it was a huge success. Monies raised by Vale Arts Group went to ADAPT Prembabies Ltd. - £350!

Great interaction between the artists, who are very diverse with watercolours, acrylics, pastels, pen and ink, pencil and let us not forget our photographers. We swap ideas and ask for help if needed and it is always forthcoming.

We have come far and hope to continue expanding and being able to have more instructive visitors.

So thanks all of those members for being part of Vale Arts Group and welcome will be extended to any others out there who would like to join us.

Contacts: Luke Mazers 07989783451 or
Gillian Clarke 01949861015



There has been a lot of outdoor shooting for Belvoir Archers with Club Nights of Tuesday and Thursday and Club day on Saturday being very busy.

Belvoir Archers did well in the Oregon Challenge (where Nottinghamshire and Oregon in USA compete against each other in two rounds) with three members being selected for the team: Bryan and Sue Haynes for Compound team and Martin Jones for the Longbow team.

On Saturday 17th June 2017 Belvoir Archers held a "Have a Go"

Archery session as part of the Barnstone and Langar Village Fete. We gave taster archery session to 19 people. We would like to thank Jodie Carter-Davies and everyone involved in a successful Fete.

The Nottinghamshire Archery County Championship in July saw four Belvoir Archers taking top places. Martin Jones won to retain his Nottinghamshire County Longbow trophy for the third year. Sue Haynes became the Lady Compound Champion, Richard Haydock became the Gentleman Compound champion and Paige





Jones became Junior Lady Compound Champion.

Saturday 22nd July 2017 saw the 4th Record status Windsor being held by Belvoir Archers.

There were 80 archers in attendance from across Nottinghamshire as well as from across the Midlands and Yorkshire. The weather was very sunny with a little breeze and the day went very well with 1 National Records being shot (subject to Ratification).

Martin and Vicky Jones successfully passed their level 2 archery coaching course.

In August saw the final of the Nottinghamshire League shoots. Belvoir Archers came away with several awards. Sue Haynes won the Ladies Compound on pure score and also was runner up on Handicap. Vicky Jones was the Ladies Compound handicap winner. Paige Jones came second in both the Junior Ladies Compound pure and Handicap score. Martin Jones was third in the gents Longbow on pure score. Belvoir Archers Compound team won the Compound Handicap trophy.

On 3rd September 2017 three Belvoir archers have been selected to shoot for Nottinghamshire in the East Midlands Archery Society Intercounties shoot: Sue Haynes, Richard Haydock and Martin Jones.

Belvoir Archers Winter Windsor is scheduled to take place on the 7th October 2017 and we already have a lot of interest in this competition.

Start of November will see the club moving indoors to Cotgrave Leisure Centre where the indoor competition will commence where some of the head to heads from last year will be replayed.

The Club has also arranged for the use of Barnstone Village Hall on Tuesday evenings as well as Friday Evening and Some Saturdays for the Junior Club as well as training sessions for our members.

If you are interested in trying archery please contact us or come have-a-go..... it is very addictive. More information about Belvoir Archers and how we are doing can be found on our web page

www.belvoirarchers.co.uk

St Ethelburga's

A "Lost" Church Found!

In most books written on the Vale of Belvoir mention is made of the lost church of St Ethelburga's, a site for medieval pilgrimages. The authors usually speculate as to its location with Granby, Barnstone or Langar being possible sites. Following many years of research and on site visits by David Bate, Richard Pincott and their fellow Field Detectives the church is no longer lost. It is located about one mile south of Langar village in one of the fields farmed by John Parker at Hall Farm. Using metal detectors, collecting surface finds and archaeological techniques such as resistivity and magnetometry surveys, supplemented by old maps and documents, they have been able to not only locate the site but can also tell some of its story.

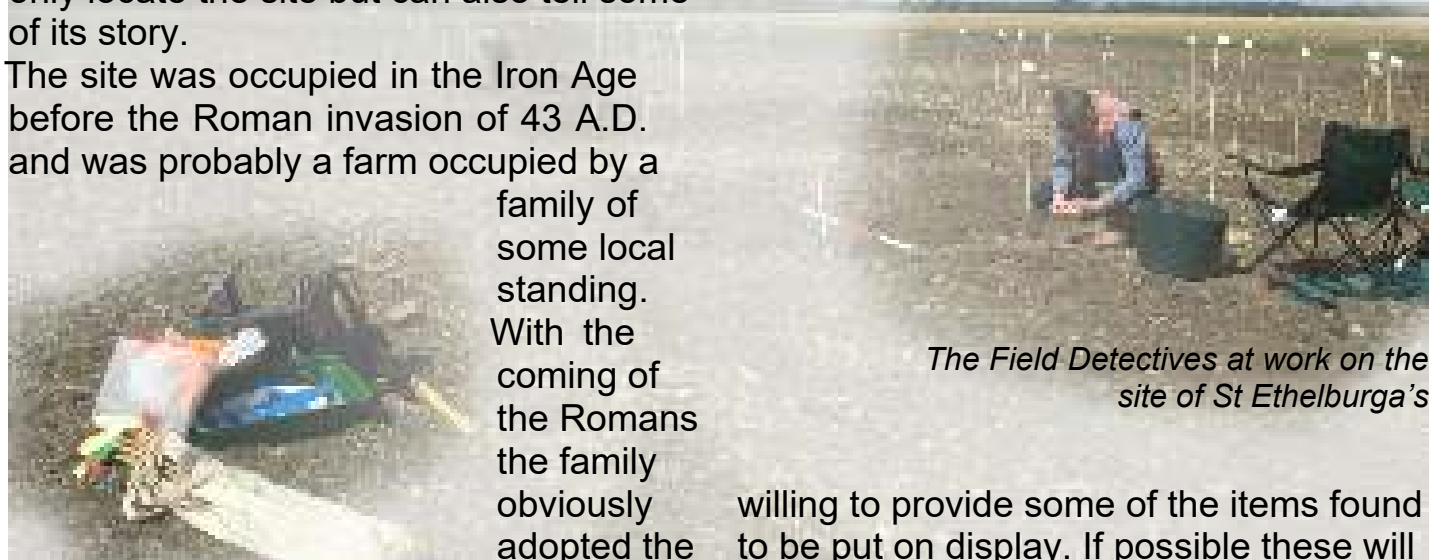
The site was occupied in the Iron Age before the Roman invasion of 43 A.D. and was probably a farm occupied by a family of some local standing. With the coming of the Romans the family obviously adopted the Roman

style of living as there is evidence of high quality Roman pottery and the building was roofed with ceramic tiles and slate as opposed to reeds or thatch. There was even under floor heating, a mosaic floor and possibly a bath house. Roman coins have also been found.

At the end of the Roman occupation the site seems to have been abandoned for several hundred years until a church was built in the Saxon style some time after

875. By 1140 the church had become one of the properties owned by Thurgaton Priory and it was under this ownership that the church became site for pilgrimages. Evidence of the pilgrims eating and drinking during their visits is easily found in the large number of animal bones and broken jugs, pots and mugs scattered around the site. All this came to end with the Reformation and the closing of the monasteries by Henry V111. The church fell out of use and gradually disappeared into the soil until its rediscovery.

The Field Detectives have kindly created a display board for the Parish and are

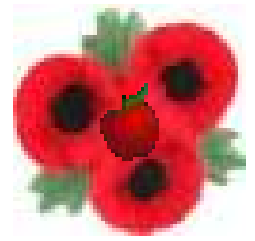
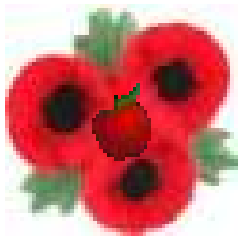


The Field Detectives at work on the site of St Ethelburga's

willing to provide some of the items found to be put on display. If possible these will be located in St Andrews to tell the story of the site and of continuous Christian worship in the Parish from the 9th Century onwards.

John Parker is keen to know more about the site. This can only be achieved by a supervised archaeological dig. It is early days, but the possibility of a community dig involving people from the Parish is being considered subject to funding being available. Watch this space!

Nigel Wood



A Hero of Cambrai

Sam Baxter is notable amongst those from Langar and Barnstone who served in World War One in that he received an award for bravery in addition to his campaign medals. He was awarded the Military Medal for actions he performed during the Battle of Cambrai in 1917.

Sam was the son of Thomas and Sarah Ann Baxter of Barnstone. He was born on 25th January 1892 and was baptised with the name Sam, not Samuel, on 20th March 1892 at St Andrew's, Langar, although most records show him as Samuel. Thomas was a Limestone Quarryman and his and Sarah Ann's other children were Edward, Thomas, George and Sarah Jane.

Initially Sam worked in farming taking milk deliveries to Barnstone Station. It is not known for whom Sam was working at this time but by 1911 he was living at Barnstone Lodge and working as a Cow Man for George Wallwin.

On the basis of an article in the Grantham Journal of 23rd March 1918 about Sam's award of the Military Medal he would appear to have left farming as it stated that he had joined the Army whilst working at

the Barnstone Lime Works. Unfortunately Sam's Army Service Records have not survived but it has been possible to piece together some of the story from other records and information supplied by his son, Brian.

Sam's Medal Roll shows that he first served with 15th Battalion, Sherwood Foresters and the newspaper article suggests this would have been in 1915. At this time the battalion was a "Bantam" battalion which recruited men of between 5 feet and 5 feet 3 inches tall, who would otherwise have been too short for other battalions. After training in Yorkshire and on Salisbury Plain the battalion landed in France on 1st February 1916. In March

the battalion moved to Le Touret for instruction in trench work and would spend April and May in and out of the trenches in the Laventie and Neuve Chapelle sectors. The battalion's first serious action took



place on 30th May 1916 when the Germans opened up an intense bombardment at 19.20 hours just as relief by the 14th Battalion, Gloucestershire Regiment was taking place. The two

battalions endured casualties from the shelling and then had to fight off a determined infantry attack by the Germans. This was eventually successfully repelled and the line re-established but at the cost to the 15th Battalion of 10 men killed, 2 Officers and 30 Other Ranks wounded and 2 Officers and 30 Other Ranks Missing. It is most likely that Sam received his first wound in this fight, although the newspaper article states that it was in July in the Lens area. This cannot be true as by July the



battalion was on the Somme. Whatever the actual details, Sam was evacuated to the UK and treated for a throat wound at Netley Military Hospital, Southampton. It was from here that Sam's parents received notification that he was unlikely to survive and then received a further message saying "Baxter still alive"! Following treatment Sam was eventually passed fit for military

service and returned to serve in France with 2nd Battalion, Sherwood Foresters. In November 1917 the British Army



planned to launch a major attack in the Cambrai area using infantry supported by tanks. Such attacks had been tried on a smaller scale since September 1916, but hopes were high that this attack would break the stalemate of trench warfare and allow for a deep penetration of the German Lines. The attack would begin at 6.20 a.m. on 20th November.

The 2nd Sherwood Foresters were located in the Beaucamp sector of the front and were tasked with following the 9th Suffolks and their tanks in the assault on the German Front Line. Remarkable progress was made and at 9 a.m. a message was received from "C" Company that it had captured an officer and about 20 prisoners and 5 Machine Guns. "D" Company then carried out a bayonet charge killing 12 Germans and capturing a further 12. By the end of the day all objectives had been met or exceeded and the battalion had captured 10 Machine Guns, 4 Officers including a Regimental Commander and 290 Other Ranks at a cost of 1 Officer and 8 Other Ranks killed and 1 Officer and 30 Other Ranks wounded.

Some of these prisoners had been captured as a result of Sam Baxter's actions. Sam entered a German

stronghold near Ribecourt full of the enemy and effected the capture of 1 Officer and 40 Other Ranks. It was for this action that Sam was awarded the Military Medal.

After the initial success on the first day the British Army then had to fight off a determined German counter attack. In total the 2nd Sherwood Foresters remained in action in this battle for 22 days and was not relieved until 12th December. By this time most of the ground captured on the first day of the battle had been regained by the Germans.



In addition to his first wound Sam was to suffer two more. He was wounded in the upper arm and in the thigh, entitling him to wear three wound stripes. He also was promoted to Lance Corporal and then Corporal, the last rank at least twice, as on the first occasion he was only a Corporal for a day. Evidently he made the mistake

of celebrating his promotion with a drink or two and, being found under the influence of alcohol, he was demoted before he had had time to sew on his extra stripe.

He is also known to have served in the Reims area of France in 1918. To have done this he must have transferred to the 1st Battalion, Sherwood Foresters as this battalion was in action in this area during the German Spring Offensive on the Aisne from 27th May until 6th June 1918.

After the war Sam returned to Barnstone to work at the Cement Works, where he became a Shift Foreman. Here he suffered an accident to one of his eyes causing him to lose the sight in it. He received compensation for this but lost this when his sight improved slightly! In total he completed 47 years service at the works.

In 1921 Sam married Fanny Carlile.

Tragedy would strike Sam and Fanny during World War Two with the loss of one of their sons. A.C. 2 John Samuel Baxter, Royal Air Force (Volunteer Reserve) was killed in action on 20th February 1944.

John was a Wireless Operator on board HMS LST-305, a Landing Ship - Tank, heading towards the beach at Anzio, Italy. At 17.55 hours on 20th February 1944, the German submarine, U-230, fired one torpedo at some landing ships off Anzio and heard a detonation after 13 minutes and 25 seconds. The torpedo probably detonated at the end of its run. At 18.51 hours, another torpedo was fired, which hit and sank HMS LST-305. John has no known grave and is commemorated on Panel 15, Column 2 of the Malta Memorial as well as the Langar & Barnstone War Memorial.

Sam Baxter died in 1960.

Nigel Wood

BELVOIR HEALTH GROUP

Bingham, Cotgrave & Cropwell Bishop

FLU CLINICS 2017

For patients 65+, in a clinical risk group or pregnant women

Patients who are registered with our Bingham, Cotgrave & Cropwell Bishop surgeries are welcome to attend any

of our flu clinics irrespective of where you are registered

At this year's FLU clinics, if you are eligible, you can also have a SHINGLES & PNEUMONIA vaccination at the same time as your annual flu vaccination.

CLINIC DATES

Patients under the age of 17 years should not attend these clinics as they will be invited to attend clinics at a later date

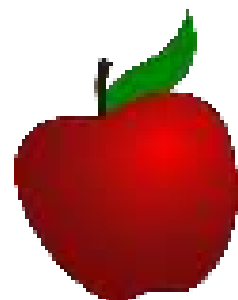
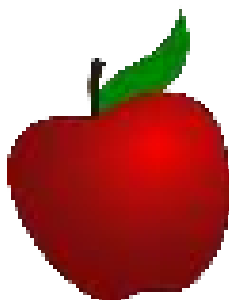
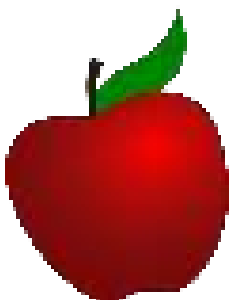
Bingham	Saturday	23 rd Sept 2017	9.00am – 2.00pm
Cropwell Bishop	Tuesday	3 rd October 2017	2.00pm – 6.00pm
Cotgrave	Thursday	5 th October 2017	2.00pm – 6.00pm
Cropwell Bishop	Tuesday	17 th October 2017	2.00pm – 6.00pm
Cotgrave	Thursday	19 th October 2017	2.00pm - 6.00pm

THESE ARE DROP IN CLINICS YOU DO NOT NEED AN APPOINTMENT

Bingham Medical Centre
Newgate Street
Bingham
Nottingham
NG13 8FD

Cotgrave Surgery
Candleby Lane
Cotgrave
NG12 3JG

Cropwell Bishop Surgery
Fern Road
Cropwell Bishop
NG12 3BU



Shopmobility – not just shopping any more...

West Bridgford Shopmobility is a charity which helps people with mobility problems to enhance their quality of life; for an annual fee of just £10, it provides mobility aids (wheelchairs, walkers and scooters) to enable them to visit shops and places of interest in the central West Bridgford area.

However, over their 14 years of operation, needs have changed, and Shopmobility has broadened its range of services to operate a short-term hire scheme (payable weekly), so it's now possible to take a scooter or wheelchair home with you. Or indeed, away with you...

Look at the many benefits this provides:

Going on holiday in the UK?

You can hire a collapsible scooter, which can fit in the boot of a car (or the luggage compartment of a bus), so you can get around easily while you're away.



Guest with mobility problems?

If you have a visitor with mobility problems, we can provide you with a wheelchair or scooter for as long as you need it.

Been poorly, or just out of hospital?

If you've been ill, or broken a leg, or are recuperating after a hospital stay, we can get you out and about again.

Blue badges? You don't have to be registered as disabled to take advantage of the Shopmobility service; scooters are fully insured, and you'll be given full training on how to use them.

The typical cost for the weekly hire of a lightweight scooter is just £30 for members, plus a refundable deposit.

West Bridgford Shopmobility is open Mondays, Wednesdays and Fridays between 10am and 2pm, and you're welcome to drop in to their office behind West Bridgford Library and chat to one of the volunteers.

Alternatively, call them on **0115 981 5451**, or go online at

www.wbshopmobility.co.uk

Answers:

13 Apples

	Husband	Wife	Surname	Dog	Cat
1	Dennis	Ivy	Barnard	Cleo	Claws
2	Dickie	Jasmine	Hatfield	Reggie	Fluff
3	Eamonn	Laura	Marchant	Scamp	Sheba
4	Kenneth	Marguerite	Rushton	Shandy	Sulton
5	Neville	Rose	Saville	Yorky	Wally

Cover photo taken by Heather Whitaker



BULK OIL BUYING SCHEME

Save money on your heating oil by joining our FREE countywide buying scheme!

Nottinghamshire's dedicated rural charity run a buying scheme designed to help purchasers of central heating oil make savings by buying in bulk and making the most of their collective purchasing power.

How do I join?

To join this free scheme, just either email Melanie at msaxton@rcan.org.uk to get the instructions, or register directly at <https://rcan.mvolve.co.uk/registration/register>

The scheme is run online and so you place the order as and when you need oil. This will be collated into the next monthly ordering date. Once the price has been negotiated, you will then get an email telling you the total cost of your oil.



Find out more

If you would like further information please call Melanie Saxton on 01623 727600.

Email: msaxton@rcan.org.uk

Or visit our website: www.rcan.org.uk

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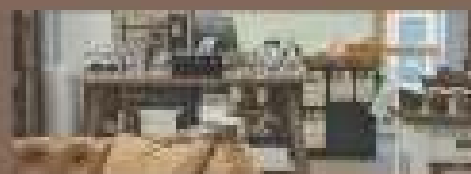
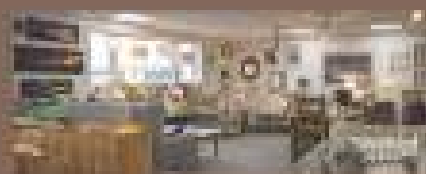
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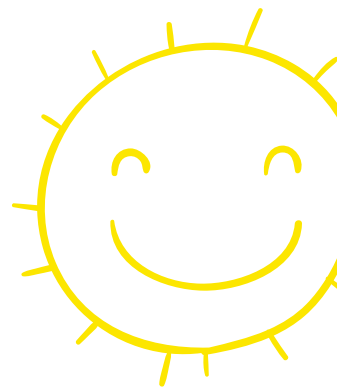


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