



Metropolitan
Thames Valley

Connect

Service overview & update

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Introduction

The CONNECT Service is a free-to-use service designed to enable adults to remain Independent, Active and Well in their own homes. Our team of Community Advisors and Support Workers offer practical advice and support in areas such as;

- Completing forms for benefits, housing, blue badges etc
- Assistance in ensuring aids and adaptations are accessed where necessary
- Referring on to specialist, reliable, local organisations
- Supporting people to attend appointments
- Tackling social isolation

The Challenge that CONNECT has, and where we need your help, is in letting people who might need our help know that we are available – if you have any local drop-ins, older adults groups, councillor surgeries where we could come along and be available to answer questions and start the ball rolling for people then do let us know!

Reaching Out

We're increasing our efforts to spread the CONNECT message to hitherto untapped areas of the Community; for example our Parish Council initiative has seen us set-up stall at the Langer Community café on a Saturday and we've been invited to present at Keyworth Parish Council too.

From the discussions we had at Langer we're investigating the option for a rural community outreach programme involving the Post Office – watch this space!

We attended a Parkinsons UK carers forum in Gedling and are looking forward to developing our relationship with them



MACMILLAN
CANCER SUPPORT





We took a stall at the Macmillan event in Nottingham and a stall at an MTVH event, all of which has opened new avenues within the Police, NHS and community based groups

But we're wanting to meet more people in more communities so please, invite us along!



And finally.....

Given that the next issue of this newsletter won't be published until next year, we'll take this opportunity to wish you a **Merry Christmas** and a **Happy & Healthy New Year**



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